



Pete Ricketts, Governor

## FOR IMMEDIATE RELEASE

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### Help Available with Medicare Open Enrollment

Lincoln, NE (September 21, 2020) — People with Medicare Part D prescription drug insurance or Medicare Part C Advantage Plan insurance can compare 2021 plans during Medicare Open Enrollment, between October 15 and December 7. Medicare plans can change from year to year, potentially affecting how a person's coverage works. Nebraska SHIP is available to help providing free, confidential, and unbiased assistance in comparing plans for the coming year.

"Drug coverage changes every year. People with Medicare should compare their 2021 options to be sure that they have the most affordable Part D or Advantage Plan in place," said SHIP Director Alicia Jones. "Health needs change, too, and that's why it's important to evaluate Medicare options every year," continued Jones. "Even if people are happy with their current plan, it's a good idea to compare."

Nebraska SHIP and Medicare offer free counseling. Jones stated that help comparing plans is available without leaving the comfort of your home. Nebraska SHIP is offering phone appointments and virtual meetings using your computer or tablet. People interested in getting help comparing their Medicare Part D plan or Advantage Plan options can make an appointment to speak with a SHIP-certified counselor by calling 1-800-234-7119. People can also visit <http://www.medicare.gov/find-a-plan> to compare plans themselves or enroll in a new plan.

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Nebraska SHIP is part of a national, federally-funded network that offers free, unbiased counseling and educational services to help seniors and people with disabilities make informed decisions about Medicare and related health insurance. This project was supported, in part, by grant number 90SAPG0078 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.