

Nebraska Department of Insurance – External Review Solution (DOI ER) User Guide – Applicant Perspective

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About this Document

The purpose of this document is to give both functional and technical design of the Department of Insurance External Review (DOI ER) OnBase and Portal Solution for the purposes of being used by a Department of Insurance Admin or OCIO staff.

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NE Enterprise Registration

In order to access the DOI External Review Portal, the user will first need to register with the Nebraska Enterprise System to obtain the credentials that will be used to access the portal.

- The DOI External Review Portal can be located at https://ecmp.nebraska.gov/DOI-ER
- Select Register Here under the New User Instructions section

NEW USER INSTRUCTIONS

All users accessing this portal this portal will need to register for an account within the Nebraska Enterprise Self Registration portal. Click the following link to register:

Register Here

After your account has been created, return to this page to login to the Denied Claim External Review Request Portal.

The user will enter their information and create a username and password for the portal.



After the security questions are set up and Register Account is selection, the user will be automatically directed to another page within the Nebraska Enterprise System. This page is not necessary for registration, and the user may return to the portal home page at https://ecmp.nebraska.gov/DOI-ER

Solution Overview

The solution comprises two primary components: DOI External Review Portal and OnBase Workflow. The two components are linked via OnBase Document Types. All data and documents input/retrieved via the portal are directly stored and accessed in/from OnBase.

- The DOI External Review Portal can be located at https://ecmp.nebraska.gov/DOI-ER
- OnBase Unity Client is available via the Software Center or by contacting OCIO

DOI External Review Portal Access

After a user is registered within the Nebraska Enterprise system, and they have entered those credentials to access the portal, they will be prompted to define the user role they will function as (Patient – Policyholder – Patient Representative; Physician; Insurance Company – Producer; IRO).

Patient - Policyholder - Patient Representative

Patient/Authorized Representative user access to create an external request is granted immediately. Throughout the request and review process, the Patient/Authorized Representative is able to view status and provide additional supporting documentation to support the external review complaint.

Physician

Physician user access is granted once Nebraska Department of Insurance staff has reviewed and approved your information. Once access has been granted, you will be able to create a new complaint requesting external review on behalf of a patient. For complaints where you've been granted access to, you will also be able to view status and provide additional supporting documentation to the complaint.

Insurance Company - Producer

Insurance Company/Producer user access is granted once Nebraska Department of Insurance staff has reviewed your information. Once access has been granted, you will be able to review and provide additional supporting documentation to assigned complaint and related supporting documentation. Once access has been granted to a complaint, you will also be able to add additional insurer users specific to your assigned complaints.

IRO

Independent Review Organization user access is granted once Nebraska Department of Insurance staff has reviewed your information. Once access has been granted, you will be able to review and provide additional supporting documentation to assigned complaint.

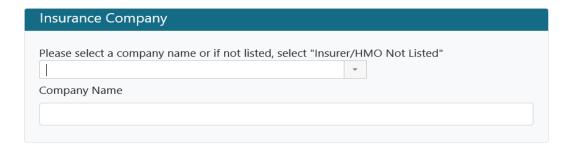


If the user is a *patient – policyholder - representative* they will have immediate access to the solution to submit External Review Requests. If a user is a *healthcare provider*, *insurance company* user, or *IRO company* user; a notification will be sent to DOI ER Reviewer internal staff to approve or deny access. When a new healthcare provider, insurance company user, or IRO company user requests access to the solution, they will be required to choose or enter their contact information. After access is granted or denied, a notification will be sent to the user and they will be able to access the solution.

Data Lookups

All contact information for healthcare providers, healthcare facilities, insurance companies, and IRO companies are required to be reviewed and approved by Department of Insurance Staff. To do this, any time a new user requests access to the solution, they are required to choose from a list of already approved contact information or they can chose "Not listed" in order to enter new information. If they chose "Not listed," a lookup form is generated with the contact information they entered, and sent to department of insurance staff for review.

Additionally, when a patient – policy holder – representative is filling out their external review case form, they are required to enter their healthcare provider, treating healthcare facility, and insurance company and they are permitted to choose from a list of already approved contact information or they can chose "Not Listed." If they chose "Not listed," a lookup form is generated with the contact information they entered, and sent to department of insurance staff for review.



External Review Request Form (Applicant)

To submit a new external review request, a patient/policyholder/representative or physician will log into the DOI ER portal and select "Create New External Review." From the home screen, a user will also be able to see and resume filling out previously saved External Review Case Requests Forms that have not been submitted as well as check the status of previously submitted External Review Case Requests.

EXTERNAL REVIEW REQUEST

Select "Create New External Review Request" below to begin the external review request process.

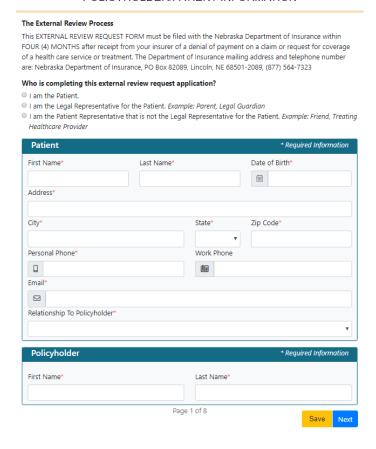
□ Create New External Review Request

The user will fill out their information as prompted through the portal with red '*' fields being required before they can move to the next page. At any point, a user will be able to save their progress and come back later by selecting "Save" and navigating back to the DOI ER Portal login screen.

Portal Page 1: Policyholder/Patient Information

The patient/representative will indicate who is filling out this application, the Patient Information, Policyholder information, and if applicable; the Representative contact information.

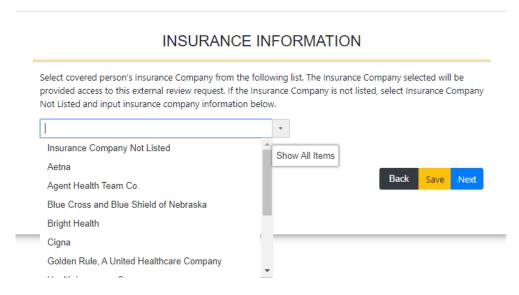
POLICYHOLDER/PATIENT INFORMATION

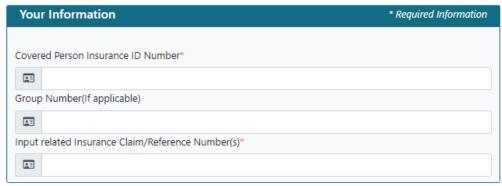


Portal Page 2: Insurance Information

The user will then be prompted to select from a list of already approved insurance companies or select "Insurance Company Not Listed" which will allow them to enter one.

After they select or enter an insurance company, they will be prompted to enter their Insurance ID Number, Group Number or Input related Insurance Claim / Reference Numbers. Again with red '*' being required before they can move onto the next page.



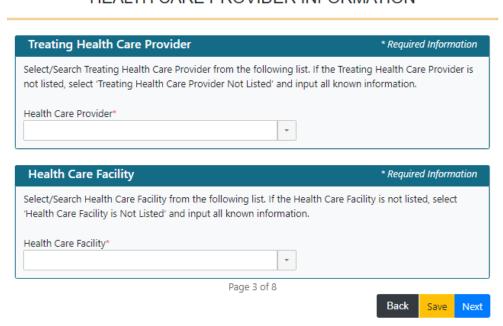


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Portal Page 3: Healthcare Provider Information

Similar to the insurance information page, a user will be prompted to select from a list of already approved treating healthcare providers or select "Treating Healthcare Provider Not Listed" or "Health Care Facility is not Listed" and will be prompted to enter the applicable information.

HEALTH CARE PROVIDER INFORMATION



Portal Page 4: Expedited Review

When requesting an external review, a patient/policyholder/representative can request that review be expedited. To do this, their treating healthcare provider needs to attest that the external review request qualifies/does qualify to be expedited.

To send this to the treating healthcare provider, they can either chose to download and print a pdf copy of the Expedited Review Certification Form and bring this to their treating healthcare provider

If they select Method 1, a signed Expedited Review Certification Form MUST BE attached below before the review request can be submitted.

If they select Method 2, an email notification will be sent to their treating healthcare provider and they will be able to do their certification steps via the online portal.

EXPEDITED REVIEW

You may request that your external appeal be handled on an expedited basis if a delay would seriously jeopardize the life or health of the patient or would jeopardize the patient's ability to regain maximum function. In order to obtain expedited review, your treating health care provider will need to complete an expedited review form on the patient's behalf. Please understand that until a completed form from your treating health care provider is attached to this external review request, an expedited or experimental/investigational external review cannot be assigned to an independent review organization. There are two options for obtaining treating health care provider certification: Method 1 (print/upload)) You can save this application, download/print the form and work with your treating health care provider to fill out the form. Once completed by your treating health care provider return to this application to upload the treating health care provider signed copy of the form. Method 2 (email) You can select email form to treating health care provider. When you select this option, an email will be sent to the treating health care provider listed below with instructions for completing expedited review certification electronically. We suggest that you follow up with your treating health care provider to let them know that a request was sent to them. Do you wish to obtain Expedited Review? Which method will you obtain certification from your treating health Method 1 - Print/Upload care provider? Method 2 - Email Please attach expedite review certification form Accepted file types: PDF, JPG, GIF, and TIFF. **Document Type** (No attached documents were found. Page 4 of 8

Portal Page 5: Experimental/Investigational Denial

When requesting an external review, a patient/policyholder/representative can indicate that their insurance claim denial reason was experimental/investigational. To do this, their treating healthcare provider needs to attest that the external review request qualifies/does qualify to be expedited.

To send this to the treating healthcare provider, they can either chose to download and print a pdf copy of the Expedited Review Certification Form and bring this to their treating healthcare provider

If they select Method 1, a signed Experimental/Investigational Review Certification Form MUST BE attached below before the review request can be submitted.

If they select Method 2, an email notification will be sent to their treating healthcare provider and they will be able to do their certification steps via the online portal.

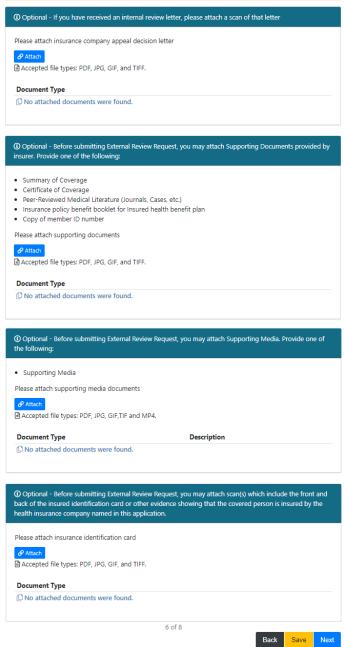
EXPERIMENTAL/INVESTIGATIONAL DENIAL

If your claim was denied due to experimental/investigational reason, your treating health care provider will need to complete an experimental/investigational review form on the patient's behalf. Please understand that until a completed form from your treating health care provider is attached to this external review request, an experimental/investigational external review cannot be assigned to an independent review organization. There are two options for obtaining treating health care provider certification: Method 1 (Print/Upload) You can save this application, download/print the form and work with your treating health care provider to fill out the form. Once completed by your treating health care provider, return to this application to upload the treating health care provider signed copy of the form. Method 2 (Email) You can select email form to treating health care provider. When you select this option, an email will be sent to the treating health care provider listed below with instructions for completing expedited review certification electronically. We suggest that you follow up with your treating health care provider to let them know that a request was sent to them. Do you need to obtain experimental/investigation denial certification? Which method will you obtain certification from your health care Method 1 - Print/Upload provider? Download Experimental/Investigational Review Certification Form Template Please attach Experimental/Investigational Denial Form **ℰ** Attach Accepted file types: PDF, JPG, GIF, and TIFF. **Document Type** No attached documents were found. Page 5 of 8

Portal Page 6: Supporting Documents

On this page, users will be able to add any kind of supporting documentation that will support their case review.

SUPPORTING DOCUMENTS



Portal Page 7: Denial Reason

On this page, user will indicate what the insurance claim denial reason is, a description of the claim that was denied, and attach a letter of medical necessity if one was provided.

DENIAL REASON

Denial reason stated in the insurer's appeal decision letter:	
The health care service or treatment is not medically necessary.	
The health care service or treatment is experimental or investigational.	
At least one checkbox above must be selected.	
Summary of External Review Request	
Enter a brief description of the claim, the request for health care service or treatment that was denied.	
① Optional - If your provider has written a letter of medical necessity explaining why the claim is valid. Please below.	e attach
ℰ Attach	
Accepted file types: PDF, JPG, GIF, and TIFF.	
Document Type	
① No attached documents were found.	
Page 7 of 8	Save

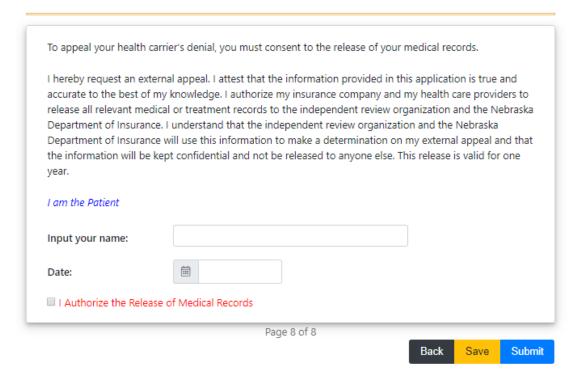
Portal Page 8: Release of Medical Records

To submit an external review request, the patient must consent to the release of their medical records. This can be done several ways.

Method 1: If the patient is filling out the review request, they may electronically release medical records by checking the box "I authorize the Release of Medical Records", entering their name, and the date.

Method 2: If the review request is being filled out by a patient representative, they will be prompted to download a pdf Release of Medical Records document which the patient must sign and will be uploaded. The Release of Medical Records MUST BE attached before the review can be submitted.

RELEASE OF MEDICAL RECORDS

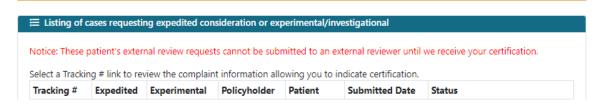


Expedited or Experimental/Investigational Certification (Treating Healthcare Provider)

When a patient/policyholder/representative indicates that a review requires expedited review or the denial reason was Experimental/Investigational and select Method 2: Email for the treating healthcare provider certification, an email notification will be sent to the treating healthcare provider where they will log in or request access to the DOI portal.

Once they have access, they will be able to view and review all cases assigned to them.

HEALTHCARE PROVIDER



Once a case has been assigned to a treating healthcare provider for Expedited or Experimental/Investigational Review, they will be able to view all details entered in the case review form as well as supporting documentation.

Experimental/Investigational Review Certification

If experimental/Investigational Review is requested, the treating healthcare provider will fill out all applicable information, attach any document to support their review and either agree that the case was denied for experimental/investigational reasons, or overturn.

HEALTHCARE PROVIDER EXPERIMENTAL/INVESTIGATIONAL DENIALS REVIEW CERTIFICATION
PHYSICIAN CERTIFICATION EXPERIMENTAL/INVESTIGATIONAL DENIALS
The external review application for Patient: Test Patient, Policyholder: Test Patient indicates experimental/investigational denial reason.
In my medical opinion as the Insured's treating physician, I hereby certify to the following: (Please check all that apply) (NOTE: Requirements #1 - #3 below must all apply for the covered person to qualify for an external review).
1. The covered person has a terminal medical condition, life threatening condition, or a seriously debilitating condition. Explain:
2. The covered person has a condition that qualifies under one or more of the following:[indicate which description(s) apply]: Standard health care services or treatments have not been effective in improving the covered person's condition. Explain:
Standard health care services or treatments are not medically appropriate for the covered person. Explain:
There is no available standard health care service or treatment covered by the health carrier that is more beneficial than the requested or recommended health care service or treatment. Explain:
3. The health care service or treatment I have recommended and which has been denied, in my medical opinion, is likely to be more beneficial to the covered person than any available standard health care services or treatments. Explain:
4. The health care service or treatment recommended would be significantly less effective if not promptly initiated. Explain:
5. It is my medical opinion based on scientifically valid studies using accepted protocols that the health care service or treatment requested by the covered person and which has been denied is likely to be more beneficial to the covered person than any available standard health care services or treatments. Explain with reference to studies:
6. Please provide a description of the recommended or requested health care service or treatment that is the subject of the denial.
Explain:
Optional - Attach supporting documentation referenced above. **Battach** **Batta
Accepted file types: PDF, JPG, GIF, and TIFF.
Document Type © No attached documents were found.
CERTIFICATION I hereby certify that I am the treating physician for Test Patient and that I have requested the authorization for a drug,
device, procedure or therapy denied for coverage due to the insurance company's determination that the proposed therapy is experimental and/or investigational. I understand that in order for the covered person to obtain the right to an external review of this denial, as treating physician I must certify that the covered person's medical condition meets certain requirements indicated on this form.
■ I hereby certify that the above criteria does not apply for Test Patient.
Input your name:

Expedited Review Certification

If Expedited Review is requested, the treating healthcare provider will fill out all applicable information, attach any document to support their review and either agree that the case needs expedited review or overturn.

PHYSICIAN/HEALTHCARE PROVIDER EXPEDITED REVIEW CERTIFICATION CERTIFICATION FOR TREATING HEALTH CARE PROVIDER FOR EXPEDITED CERTIFICATION OF PATIENT'S EXTERNAL REVIEW APPEAL The external review application for Patient: Test Patient, Policyholder: Test Patient is requesting expedited consideration of the patient's external review appeal. NOTICE TO THE TREATING HEALTH CARE PROVIDER Patients can request an external review when a health carrier has denied a health care service or course of treatment on the basis of a utilization review determination that the requested health care service or course of treatment does not meet the health carrier's requirements for medical necessity, appropriateness, health care setting, level of care or effectiveness of the health care service or treatment you requested. The Nebraska Department of Insurance oversees external appeals. The standard external review process can take up to 45 days from the date the patient's request for external review is received by our department. Expedited external review is available only if the patient's treating health care provider certifies that adherence to the time frame for the standard external review would seriously jeopardize the life or health of the covered person or would jeopardize the covered person's ability to regain maximum function. An expedited external review must be completed at most within 72 hours. This form is for the purpose of providing the certification necessary to trigger expedited CERTIFICATION I hereby certify that: I am a treating health care provider for Test Patient (hereafter referred to as "the patient"); that adherence to the time frame for conducting a standard external review of the patient's appeal would, in my professional judgment, seriously jeopardize the life or health of the patient or would jeopardize the patient's ability to regain maximum function; and that, for this reason, the patient's appeal of the denial by the patient's health carrier of the requested health care service or course of treatment should be processed on an expedited basis. I hereby certify that the above criteria does not apply for Test Patient. Describe rationale for certification with information regarding patient's specific diagnosis: Input your name: Date: