



COVER SHEET

CB-130 (Amended)
April 23, 2019

BULLETIN

SUBJECT: FILING GUIDANCE FOR INDIVIDUAL AND SMALL EMPLOYER MAJOR MEDICAL PLANS AND STAND-ALONE DENTAL PLANS IN NEBRASKA

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April 23, 2019
CB-130 (Amended)



Pete Ricketts, Governor

BULLETIN

SUBJECT: FILING GUIDANCE FOR INDIVIDUAL AND SMALL EMPLOYER MAJOR MEDICAL PLANS AND STAND-ALONE DENTAL PLANS IN NEBRASKA

This amended bulletin provides guidance for filers of individual, small group and stand-alone dental plans (SADP), offered on and off the Federal Facilitated Marketplace, that wish to issue or renew plans in Plan Year 2020.

Pursuant to the implementation of the Affordable Care Act (ACA), the federal government mandated rules for the rating and review of health insurance and stand-alone dental policies. The following information outlines the Nebraska Department of Insurance (Department) filing process and rating requirements allowed under ACA and subsequent regulations issued by the federal government. As in previous years, the Department will engage in "marketplace plan management"

The following dates and corresponding actions relate to plan year 2020. All dates may be subject to change, the Department will attempt to promptly post any revisions when they occur.

Date	Action
April 25, 2019	First day that initial QHP Application submissions will be accepted.
June 5, 2019	<p>Last day that issuers are allowed to submit their plan binder(s), templates and forms to the Department.</p> <p>This includes all QHP and Non-QHP Major Medical Plans in the Individual or Small Employer Marketplace, whether ON-Marketplace or OFF-Marketplace. Issuers will have HIOS and Carrier ID numbers.</p> <p>This includes SADP plans ON-Marketplace, and certified OFF-Marketplace. These SADPs will also submit rate filings by this date. OFF-Marketplace only non-certified SADPs are not subject to the ACA, and not subject to this Bulletin.</p> <p>For Major Medical Plans the Rate Filings, Rate Table Template (RTT) and Unified Rate Review Template (URRT) are NOT required to be included as part of this initial submission. See subsequent dates for when these are required to be provided.</p>

June 19, 2019	Final day for NDOI to submit QHP plans to CMS.
July 2, 2019	<p>Deadline for all issuers providing major medical coverage that includes a QHP in the Single Risk Pool Market (ON-Marketplace Individual or Small Group) to submit SERFF rate filings and Rate Table Templates (RTTs).</p> <p>Issuers will include the RTT in their SERFF binder. Issuers should submit the URRT via HIOS, and also in the SERFF rate filing and binder. The URR Module consists of the Part I URRT, the Part II Rate Filing Justification (RFJ) if applicable, and the Part III Actuarial Memorandum.</p> <p>Please note: while rates and forms are not made public by NDOI until a specified date after final approval, federal law and CMS activities can preempt Nebraska's approach. Public exposure of some rate information is expected to occur on August 1, 2019, as discussed below.</p>
July 19, 2019	<p>Deadline for all issuers providing Single Risk Pool major medical coverage that does not include a QHP to submit SERFF rate filings and rate table templates. This pertains to Individual and Small Group Issuers offering plans that are all strictly OFF-Marketplace.</p> <p>Issuers will include the RTT in their SERFF binder. Issuers should submit the URRT via HIOS, and also in the SERFF rate filing and binder. The URR Module consists of the Part I URRT, the Part II Rate Filing Justification (RFJ) if applicable, and the Part III Actuarial Memorandum.</p>
July 24, 2019	Final day for NDOI to submit all proposed rates to CMS for both QHP and Non-QHP plans, ON and OFF Marketplace.
August 1, 2019	CMS intends to publish proposed rate changes for comment. Nebraska will use the federal website for state publication purposes. Public access will be via a link to the rate information at: https://ratereview.healthcare.gov .
August 21, 2019	Final CMS deadline for issuer changes to QHP application. This includes all Individual and Small Employer Major Medical ON-Marketplace plans.
August 14 to 28, 2019	Issuers complete final plan confirmation in the PM Community.
September 16, 2019	CMS releases final correction notice. CMS sends issuers QHP Certification Agreements.
September 24, 2019	<p>Deadline for Issuers to return signed Certification Agreements and Final Plan Crosswalks to CMS.</p> <p>States send CMS final plan recommendations.</p>

September 28, 2019	Final date for NDOI to close all Non-QHP only rate filings.
October 1, 2019	The target date for NDOI to release all ACA SERFF rate filings to be publicly viewable. Material within the filing that has been accepted as being "Trade Secret" is kept confidential and not publicly viewable.
November 1, 2019	Open enrollment begins. Final rates are published by CMS.
December 15, 2019	Deadline to submit 2 nd Quarter 2020 rate adjustments, with rate filings and binders in SERFF for Small Group On and Off-Exchange plans. Also, URRTs will be submitted in HIOS by this date.
February 14, 2020	Deadline for 2 nd Quarter 2020 Small Group rate filings to be completed with final RTTs submitted to CMS, URRTs submitted in HIOS.
March 15, 2020	Deadline to submit 3 rd Quarter 2020 rate adjustments, with rate filings and binders in SERFF for Small Group On and Off-Exchange plans. Also, URRTs will be submitted in HIOS by this date.
May 15, 2020	Deadline for 3 rd Quarter 2020 Small Group rate filings to be completed with final RTTs submitted to CMS, URRTs submitted in HIOS.
June 15, 2020	Deadline to submit 4 th Quarter 2020 rate adjustments, with rate filings and binders in SERFF for Small Group On and Off-Exchange plans. Also, URRTs will be submitted in HIOS by this date.
August 15, 2020	Deadline for 4 th Quarter 2020 Small Group rate filings to be completed with final RTTs submitted to CMS, URRTs submitted in HIOS.

HIOS Uniform Rate Review Module (URR) Filings:

For Individual and Small Employer major medical Health Plans Issuers are required to submit the following URR components in HIOS:

- (1) Part I – Uniform Rate Review Template (URRT).
- (2) Part 2 – Rate Increase Justification. Is only provided if any plan within a product in the filing is receiving a rate increase of 15% or greater.
- (3) Part 3 – Actuarial Memorandum Unredacted version, and optional Redacted version.

Minimum Required Contents of Nebraska ACA Major Medical Rate Filings:

ACA Major Medical rate filings should contain at a minimum the following items:

- * A cover letter outlining the rate action being taken, comments on key plan changes.

* An authorization letter if an outside organization will be submitting the rate filing on behalf of the issuer.

* The Federal Uniform Rate Review (URR) Module, which includes the following:

Part I URRT;

Part II Rate Increase Justification (if applicable);

Part III Actuarial Memorandum; an unredacted version is required, and also a redacted version may be submitted. Note that Nebraska applies different requirements regarding items allowed to be Trade Secret than what is allowed to be redacted in the Federal Memorandum.

* A Rate Manual to be provided under the Rate / Rule Schedule tab containing at least the "Base Rates" and all rating factors that are applied to the Base Rates to determine any policyholder's rates (Age rating factors, Area rating factors, Benefit factors / AV Pricing factors).

Base Rates are defined to be the calibrated Plan Adjusted Index Rates to which each allowable consumer level rating adjustment is applied to obtain the Consumer Adjusted Premium Rates. Consumer level rating adjustments are: Age factors, Geographic Area factors, Tobacco factors, Family Structure rating.

* The Nebraska Rate Table Spreadsheet.

Note: this is not the RTT which is only expected to be included in the binder, and not in the rate filing. The RTT should NOT be used to replace the Rate Manual under the SERFF Rate / Rule Schedule tab.

* Actuarial Value (AV) Calculation sheets for each plan, and an Actuarial Attestation that AVs were calculated using accepted methods.

* A complete Actuarial Memorandum with development of rates including a projection calculation demonstrating how 2020 projected claims, premium and membership were developed, and illustrating how all trend and projection factors were applied to base experience. The Department will be posting a SERFF guideline on specific rate development support being requested for PY 2020 to be provided in the rate filing.

Note that the Federal URRT and its supporting Part III Actuarial Memorandum are not required to be the official rate development used to set rates. If the Unredacted Part III Actuarial Memorandum completely describes the rate setting method with detailed support for how all base rates and rating adjustments were developed and applied, then this may be used to satisfy this requirement.

* A Trade Secret request if the company will be requesting any documents to be kept confidential once the filing is released publicly. The Department will be posting an updated Nebraska SERFF Rate Filing Guideline for PY 2020 indicating items that are typically allowed to be kept confidential, items typically required to be made public, and instructions for requesting Trade Secret protection for any item. The process for requesting trade secret protection through SERFF is available online at: https://doi.nebraska.gov/sites/doi.nebraska.gov/files/doc/tsp-lh-inc-fil-serff_0.pdf.

* The Standard Rate Filing Form Listing.

* Completed SERFF information tabs as required by NDOI.

IMPORTANT: The following form and rate filing requirements are offered to clarify the process. The sequence in which the information is shown is not indicative of the level of importance.

1. Only certified plans are allowed to participate in the Marketplace. Nebraska's benchmark plan, as determined by the United States Department of Health and Human Services, is the BlueCross BlueShield of Nebraska BluePridePlus, Option 102 Gold.
2. Both ON-Marketplace and OFF-Marketplace plans will be submitted in SERFF Plan Management. The General Instructions for Nebraska in SERFF provide checklists and trade secret protection guidance.
 - All filings are required to be in Binders (including OFF-Marketplace only Health Plans) when entered in SERFF.
 - Individual and Small Group filings will be submitted under separate SERFF tracking numbers.
 - The Binder(s) will include forms, rates (the RTT) and other templates for Individual plans and a separate binder for Small Employer plans. Nebraska's statutory definition of small employer group size is 2 to 50.
 - For major medical plans the final Rate Table Template ("RTT") and Uniform Rate Review Template ("URRT") will be submitted by July 2, 2019 for QHPs, and by July 19, 2019 for non-QHPs. For SADPs the RTT should be submitted with the binder by the June 5, 2019 deadline.
3. All ACA compliant filings should include the 2020 Health Insurance Form Review Checklist, redline versions showing changes from previously approved forms, the Nebraska Filing Form, URRT, Actuarial Memorandum (unredacted and redacted versions), templates, SBC for each plan variation (no variability allowed), Readability Certification, Accreditation Certificate, attestations, any Justifications, copy of the Provider Network, and cover letter information.
4. All SADP filers will complete the Pediatric Dental Checklist.
5. All Small Group or Individual Health Plan issuers will make available an off-exchange plan to mirror each on-exchange plan submitted.
6. The Summary of Benefits and Coverage will be submitted. Please review the Department of Labor website for the correct version.
7. In general, the ACA requirements for Individual and Small Group cannot be added by endorsement, matrix inserts, variables or amendment rider.
 - Policy forms will meet state requirements, as well as the 2017 ACA benchmark essential health benefits, metal levels, PPACA, and community rating requirements. State benchmark plans are listed on the CMS website at https://www.cms.gov/CCIIO/Resources/Data-Resources/Downloads/Final-List-of-BMPs_4816.pdf.
 - Plans will be guaranteed issue and guaranteed renewable, with no pre-existing condition limitations. NDOI allows only limited form variability.
 - Each metal level of Platinum (90% AV), Gold (80% AV), Silver (70% AV), or Bronze (60% AV) should have a separate non-variable schedule with a unique form number.
 - Please note that each FFM issuer will offer a Silver plan statewide and a Gold plan statewide. The Platinum and Bronze levels are optional.

8. Issuers will provide documentation verifying that all plans have adequate networks in place, including demonstrating geographical saturation, and providing a signed attestation confirming network adequacy. For plans submitting a narrow or closed network product, please denote to the reviewer the product name, location of the narrow network for the product, and provider information for the narrow network, and include MAPS or illustrations.
9. Individual Catastrophic plans are for under age 30 and are optional.
10. Issuers will maintain a single statewide risk pool for each of their non-grandfathered individual and small group markets.
11. Rating territories are limited to no greater than four in the state, determined by three-digit zip codes.
12. No application shall contain health questions, although questions determining tobacco use, age and gender, may be asked.
13. No Binders will be accepted after June 5, 2020 With the exception of small group quarterly rate filing adjustment requests, rates and forms may only be filed once per year.
14. MHPAEA compliance review will incorporate the CMS Compliance Assistance Materials Index (https://www.cms.gov/CCIIO/Resources/Fact-Sheets-and-FAQs/Downloads/Compliance_Assistance_Materials_Index_10-25-16_4-40pm.pdf). Filers are specifically directed to the Self-Compliance Tool, Section B, Financial Requirements and Quantitative Treatment Limitations, which describes six classifications of benefits. "Any financial requirement or quantitative treatment limitation that applies to mental health/substance use disorder benefits within a particular classification cannot be more restrictive than the predominant requirement or limitation that applies to substantially all medical/surgical benefits within the same classification. See 29 CFR 2590.712(c)(2)." If parity concerns are flagged during review, a SERFF objection describing the potential violation will be transmitted, and the filer will have an opportunity to re-evaluate the provision and either make a plan correction or explain to the Department the reason the provision does not violate MHPAEA.
15. Requests for trade secret protection should follow the instructions published at https://doi.nebraska.gov/sites/doi.nebraska.gov/files/doc/tsp-lh-inc-fil-serff_0.pdf. The Department will be adding a listing of types of rate filing information that is usually considered to be Trade Secret within a rate filing, and information usually required to be Public within a rate filing. All information is considered Public unless a valid Trade Secret request has been properly submitted within the rate filing.
16. The NDOI will work with carriers and their rate submissions during the period of time allotted under this and CMS guidelines. Insurers are encouraged to submit early and will be served on a first come, first served basis.

Please direct any questions regarding the aforementioned information to Laura Arp, Administrator for the Life and Health Division at 402-471-2201 or at laura.arp@nebraska.gov.



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